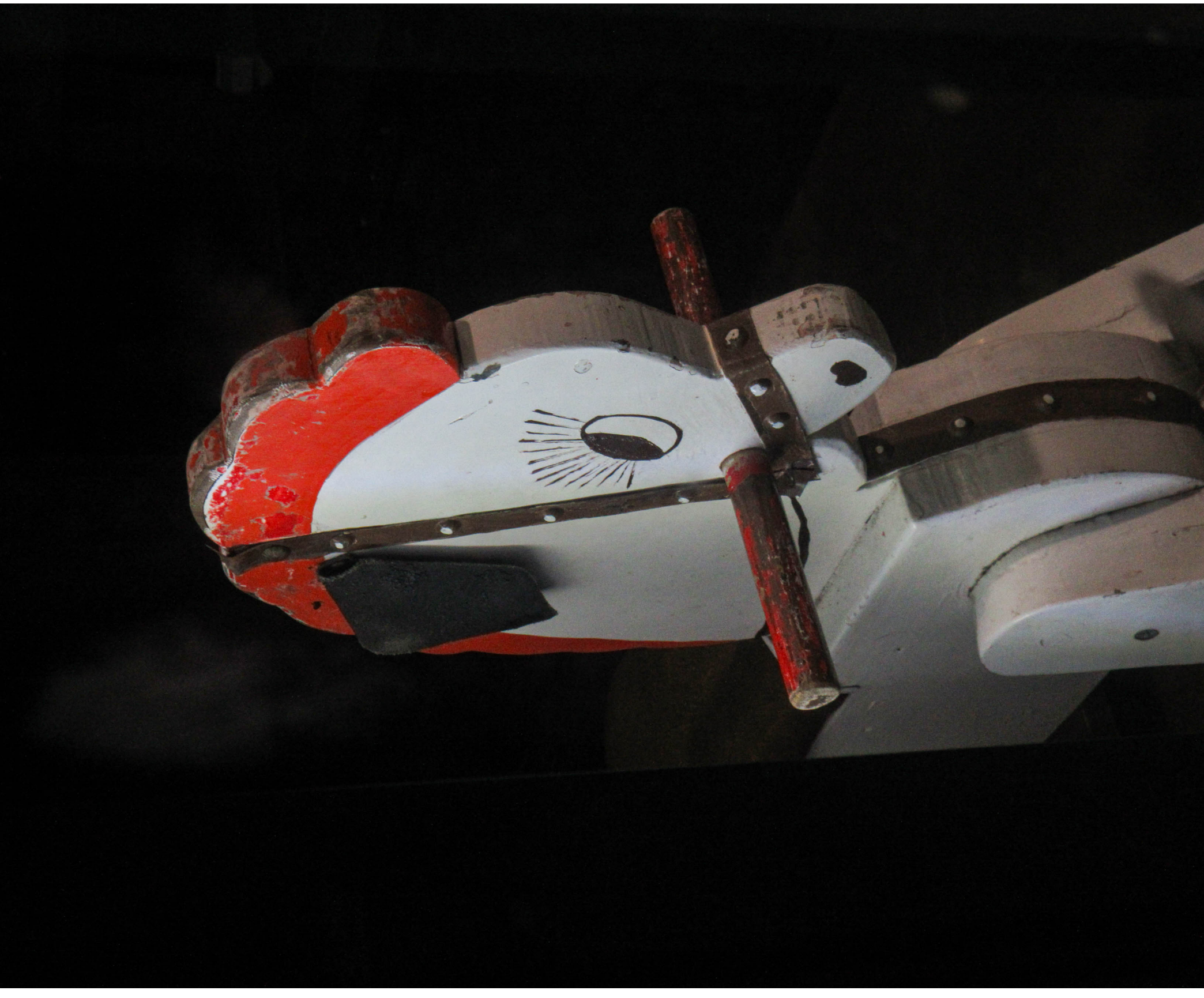
ambiguity in care
‘Navigating ambiguity in care requires acknowledging that uncertainty—whether in caregiving for loved ones or making healthcare decisions—can be mentally and emotionally exhausting. Finding ways to manage that discomfort is essential for sustaining long-term well-being and making effective, grounded decisions.’
photos May 2026
dr



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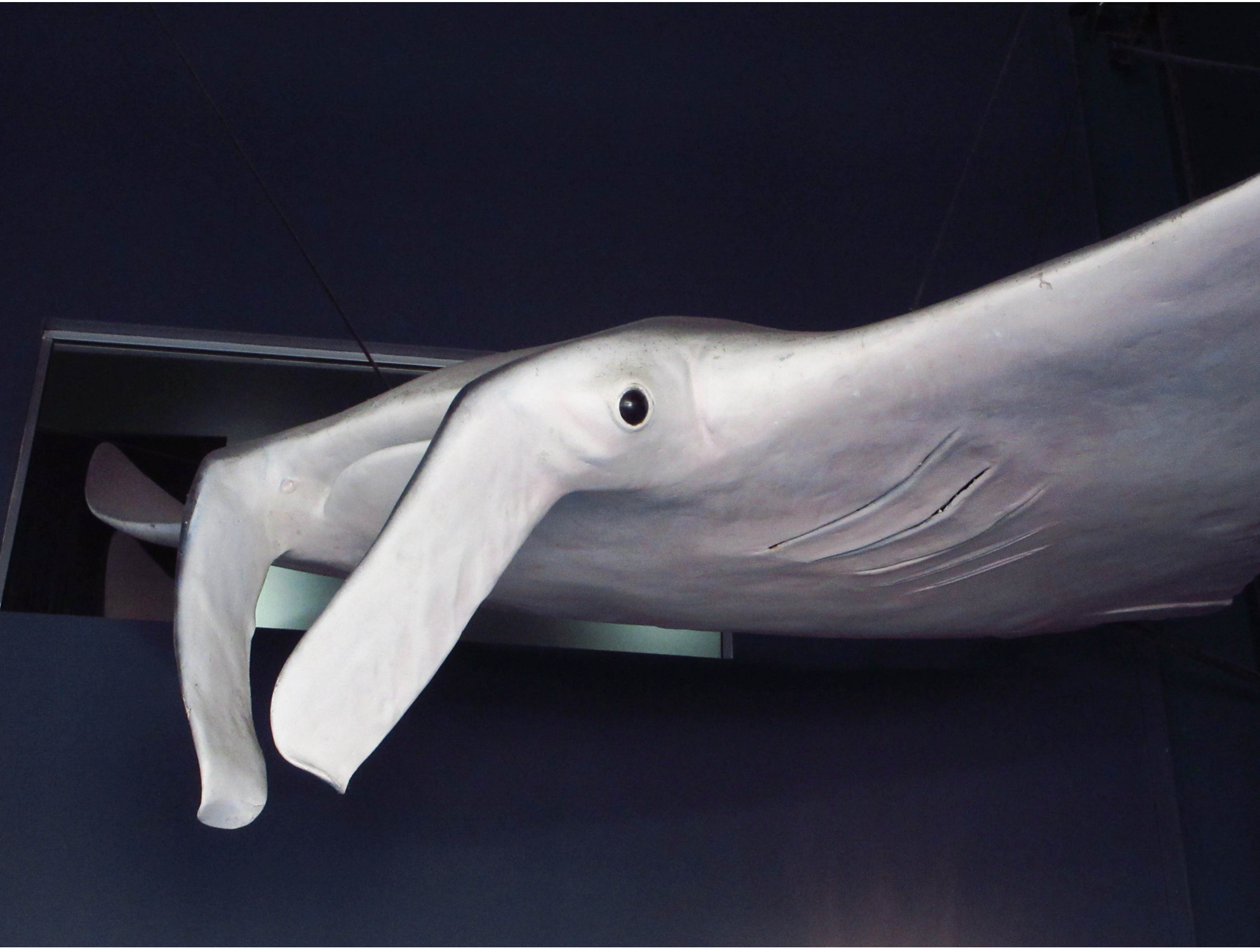

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NIGHT OWL

MAROOCHY
RSL
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NIGHT OWL

PATROL
WINE LIST
THE DOCK
ORDER & PAY
305

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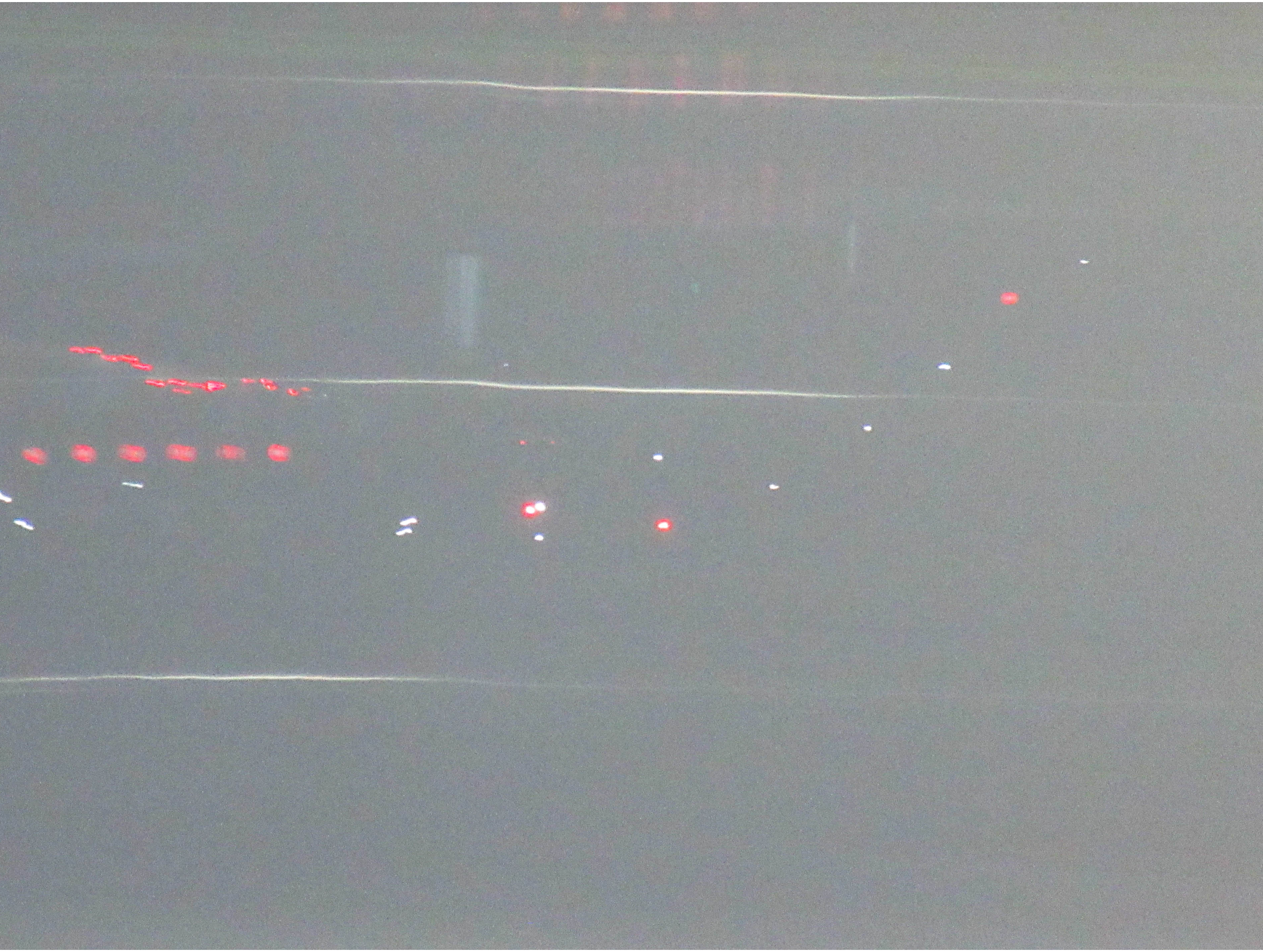

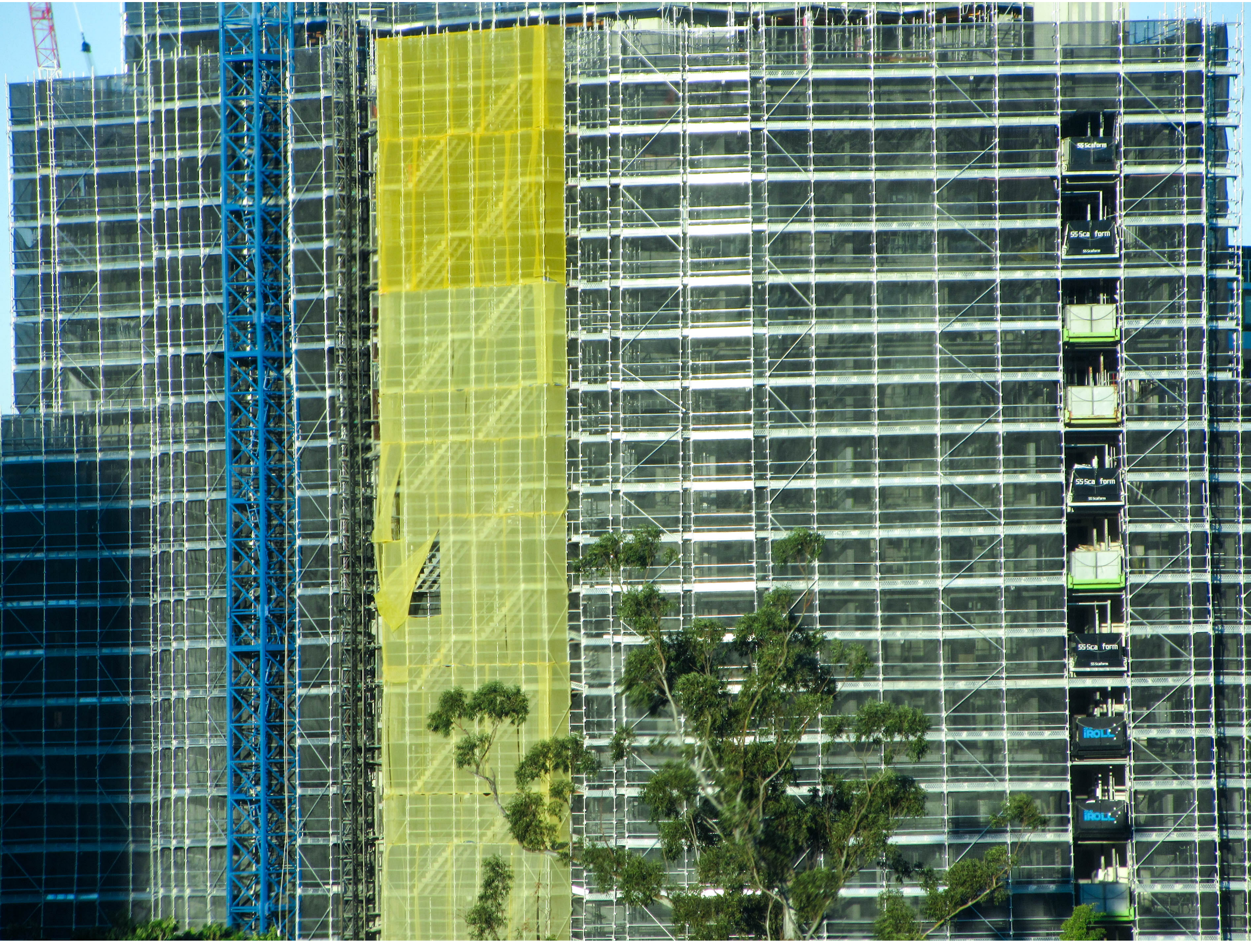
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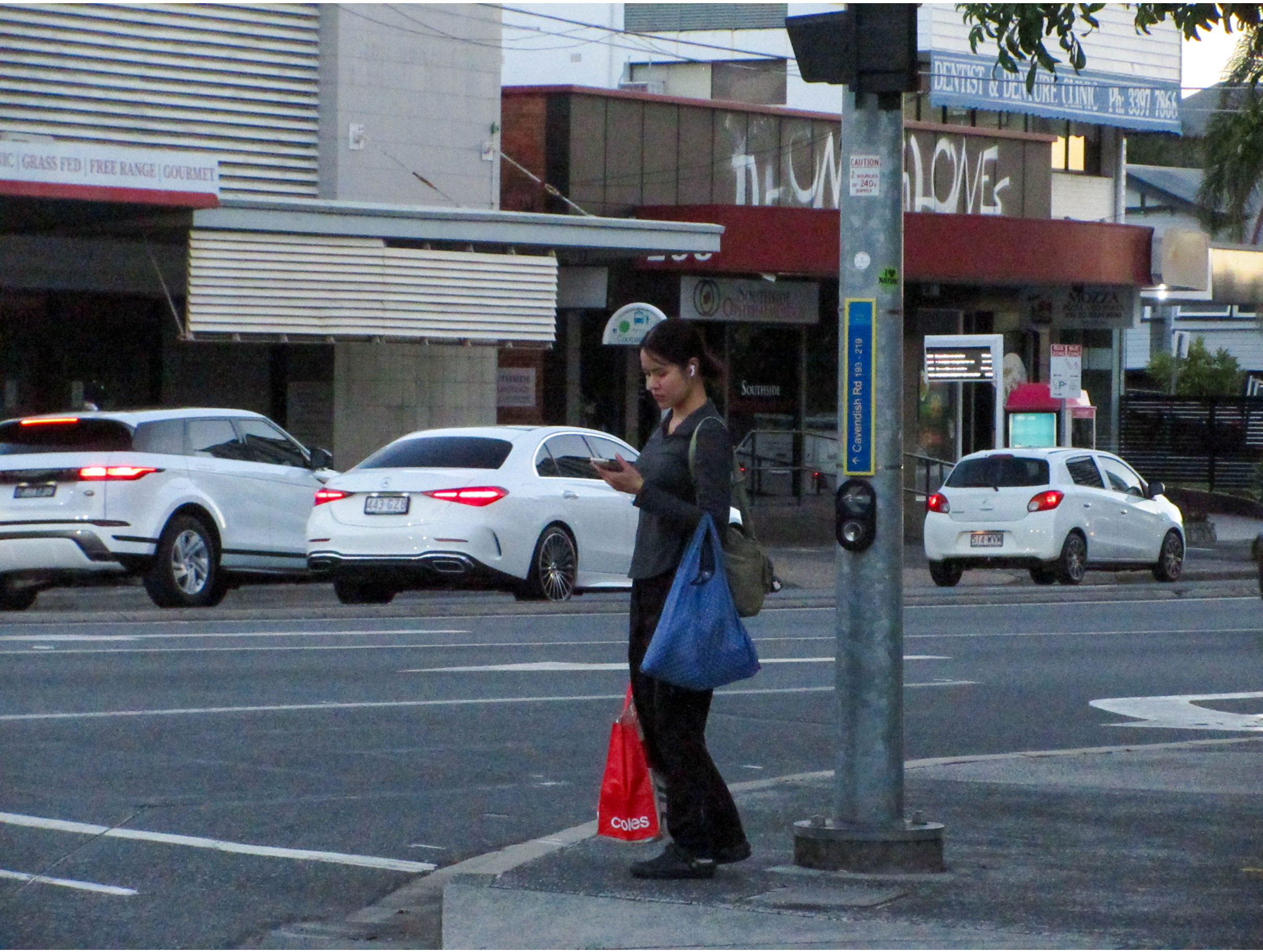
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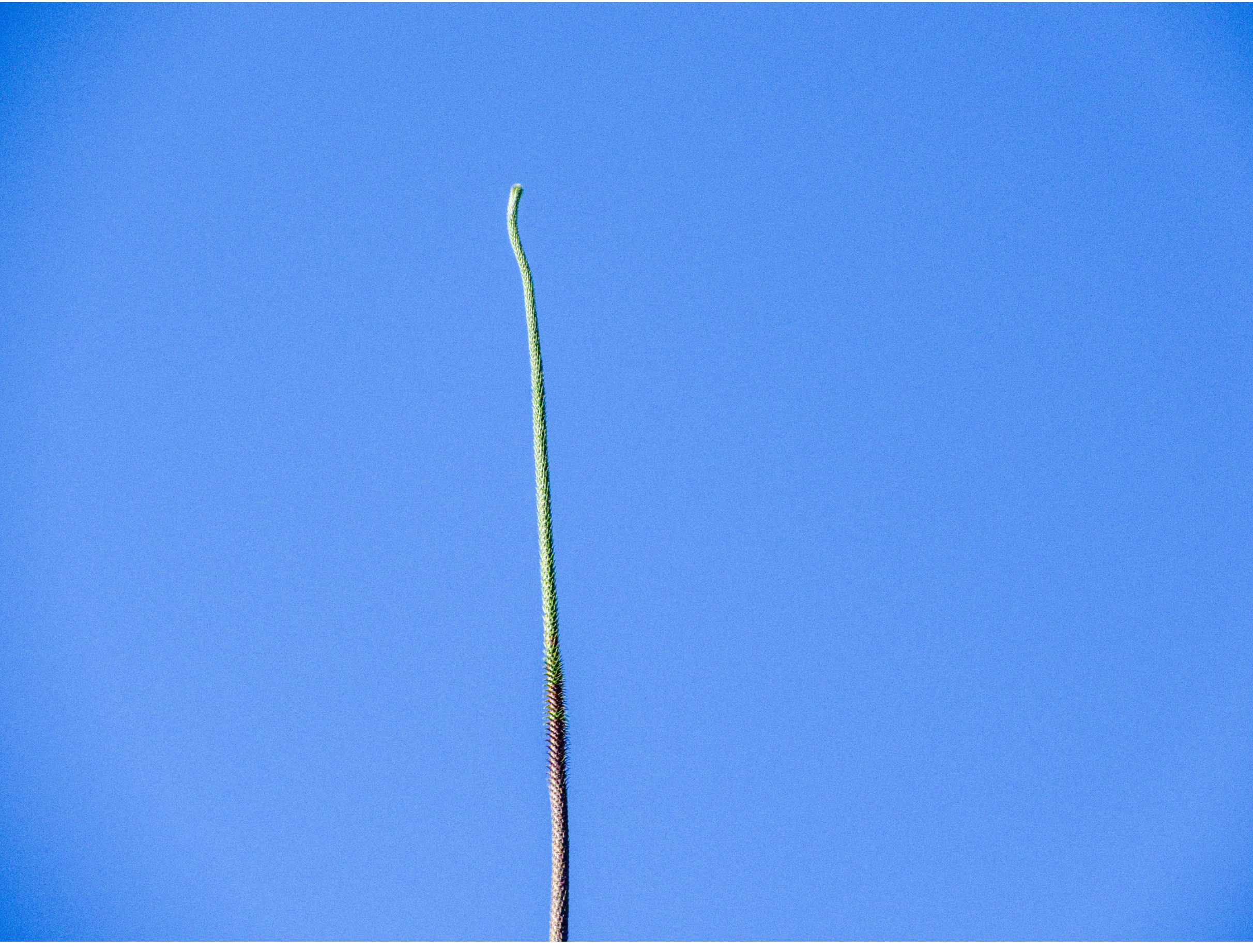

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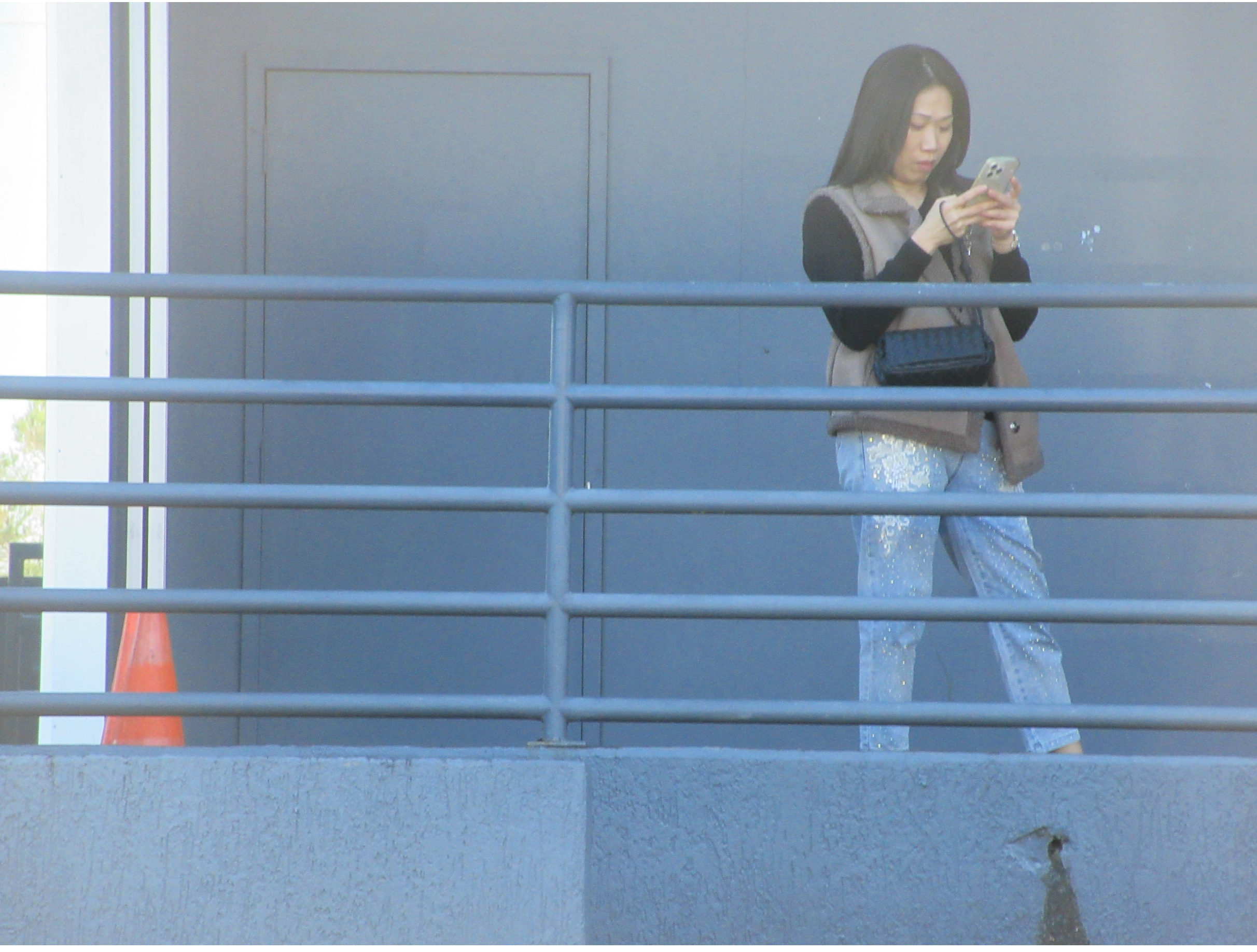

60
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